

## LC Meters-Relays

|                       |     |              |         |                  |       |               |
|-----------------------|-----|--------------|---------|------------------|-------|---------------|
| 12 & U                | 200 | Free Relay   | 2:06.01 | <b>14-Jan-10</b> | COMHP | KILLARNEY     |
| HEIGHTS TROPHY NO.2   | 200 | Medley Relay | 2:18.72 | <b>14-Jan-10</b> | COMHP | PUFFLET       |
| SHIELD                | 200 | Free Relay   | 2:04.62 | <b>17-Jan-08</b> | ENTHP | KILLARNEY     |
| HEIGHTS TROPHY NO.1   | 200 | Medley Relay | 2:20.88 | <b>17-Jan-08</b> | ENTHP | CHAS H SIM-   |
| MONDS MEMORIAL SHIELD | 200 | Free Relay   | 1:57.03 | <b>14-Jan-10</b> | SUNHP | SHIELDS CUP   |
| 15 & U                | 200 | Medley Relay | 2:11.46 | <b>14-Jan-10</b> | SUNHP | BETH MEADE    |
| MEMORIAL CUP          | 200 | Free Relay   | 1:46.98 | <b>17-Jan-08</b> | ENTHP | KINROSS-WHITE |
| CUP                   | 200 | Medley Relay | 2:00.43 | <b>17-Jan-08</b> | ENTHP | BETH MEADE    |
| MEMORIAL TROPHY       | 400 | Free Relay   | 4:09.22 | <b>10-Jan-01</b> | SUNHP | LIFE MEMBERS  |
| Open                  | 450 | Free Relay   | 4:37.18 | <b>19-Jan-09</b> | GIS   | SEYMOUR CUP   |
| CUP                   | 400 | Medley Relay | 4:42.58 | <b>16-Jan-09</b> | COMHP | TWISLETON CUP |
| RIAL CUP              | 400 | Free Relay   | 3:36.12 | <b>20-Dec-05</b> | SUNHP | SWAIN MEMO-   |
|                       | 450 | Free Relay   | 4:24.88 | <b>17-Jan-08</b> | NAP   | SEYMOUR CUP   |
| MING CUP              | 400 | Medley Relay | 4:15.48 | <b>14-Jan-08</b> | NAQHP | MARTIN SWIM-  |